

JUNE 2024/ JULY 2024

# ATCHISON COUNTY 4-H NEWSLETTER

FROM THE ATCHISON COUNTY EXTENSION OFFICE

**K-STATE**  
Research and Extension



The purpose of this newsletter is to inform 4-H families of upcoming events, important information, and happenings within 4-H. The newsletter will be sent out on the 1st of every other month. The next issue will be sent out August 1st. Throughout the newsletter, you will see clovers like the one below. If you see a clover next to an event, workshop, etc., it represents an approved 4-H activity toward meeting 4-H Premium Sale/Project Auction/Ribbon Premium Requirements.



NEW IN  
2024

## IMPORTANT !

**REMINDER:** In order for a 4-Her to sell their project, participate in the premium sale, or receive ribbon premiums at the county fair in 2024, he or she must complete certain requirements. These are due to the extension office on or before July 1st. There will not be exceptions. If your child is a 1st-year member and needs guidance don't hesitate to reach out with questions to the extension office.

**Link to requirement form:**

[4-H Premium Sale/Project Auction/Ribbon Premium Requirements](#)



**Fair Entries are now being accepted until July 15th. Please begin to discuss with your child which projects they plan to exhibit at the county fair in August. The ONLY exhibits accepted at the fair this year in the 4-H divisions will be the one's pre-entered through the Fair Entry platform.**

After July 15th, you will not be able to add entries and your child will only be able to exhibit within Open Class. Individual judging schedules will be sent out after the July 15th deadline (for static exhibits).

The Extension Office staff is hosting two help nights for 4-H families. If you have questions, want clarification, or reassurance, please come to one of the two help nights listed below.

Fair Entry Help Nights:  
June 25th- 5:00 PM to 7:30 PM  
July 10th- 5:00 pm to 7:30 PM

Link to FairEntry: <https://faireentry.com/Fair/SignIn/20133>  
**Link to the 2024 Atchison County Fair Book on Page 4**

## 4-H Camp at Rock Springs Ranch



Registration will remain open for 4-H Camp at Rock Springs Ranch until all spots are filled. Summer 2024 sessions are available at <https://www.rockspringsranch4hcamp.org/> 4-H Council will cover 1/2 of the cost for enrolled Atchison County 4-Hers.

Use the coupon code at checkout: atchison4hcampers

Spots are limited and are filling up quickly. Most sessions are marked as "almost full," so please don't wait!

# WELCOME

## Clarissa Conrad-Lierz Agriculture and Natural Resources Agent



Clarissa is a dedicated professional with a strong background in youth development and agricultural studies. Hailing from the Dallas Texas Metroplex, where she was actively involved in 4-H as a member, Clarissa participated in various horse projects, including horse judging, hippology, and showing, fostering her passions.

Clarissa pursued her Bachelor's of Science at Texas A&M University in College Station, earning a Bachelor's degree in Environmental Soil & Crop Sciences (Agronomy), with a heavy research focus in Maize Breeding & Genetics. Throughout her undergraduate studies, she remained actively engaged in riding clubs and the university's Horse Judging Team, further polishing her skills and knowledge in the field. Additionally, she collaborated closely with Texas AgriLife Extension, gaining valuable practical experience.

After graduating from Texas A&M University, Clarissa returned to the Dallas Metroplex, where she worked in Animal Disease Testing Laboratories and volunteered her time to her county's 4-H Horse Judging Team.

Driven by her passion for continuous learning, she moved to Kansas to pursue a Master of Science in Animal Nutrition from Kansas State University. During her graduate studies, she conducted research on how nutritional factors affect gut and microorganism health across broilers, feedlot cattle, and equine, expanding her research expertise. Concurrently, she coached the Kansas State Horse Judging team, imparting her knowledge and experience to the next generation of equine professionals.

Following the successful defense of her thesis, Clarissa relocated to Ohio to support her husband's career. There, she continued her commitment to youth development through an education grant program at the Akron Zoo and instructed horsemanship lessons at a top riding academy in Northeast Ohio.

Recently, Clarissa and her husband, Ryan, have returned to Kansas, accompanied by their beloved pets – two dogs, Kelso & Marvel; two cats, Aggie & Elphaba; and three horses, Davey, Chip, & George. They are excited to be back in the region and look forward to new opportunities and experiences in their respective fields.

The 2024 Atchison County Fair Book is here!  
It's available on our website under the 4-H Youth  
Development tab.



FRIDAY EVENING

Parade  
Pony Pull  
Garin Nolan Band

SATURDAY EVENING

Karaoke Finals



There have been lots of changes within the fair book since 2023. Please look over the fair book and review rules in departments your child is exhibiting projects in. Reach out to the extension office with any questions or guidance.

## Upcoming 4-H Dates and Opportunities

- 6/4- Babysitting Clinic
- 6/11- STEM Workshop
- 6/18- Foods Day Camp
- 6/25- Fiber Arts Day Camp
- 6/25- Fair Entry Help Night #1
- 6/28- Horsemanship/Showmanship Clinic
- 6/29- Beef Burger making (see below)
- **7/1- 4-H PREMIUM SALE/ PROJECT AUCTION/ RIBBON PREMIUM REQUIREMENT FORMS DUE TO EXTENSION OFFICE**
- 7/2- Photography Day Camp
- 7/10- Fair Entry Help Night #2
- 7/11- Meet and Greet for Clarissa Conrad-Lierz (New Ag and Natural Resources Agent)
- **7/15: FAIR ENTRY DEADLINE**
- 7/23- STEM Workshop
- 7/24- 4-H Council Meeting (Lancaster City Building @ 7:00 PM)



## Beef Burger



Each year 4-H Families volunteer to help make Beef Burger to sell at the 4-H Food Stand, which is a staple of the Atchison County Fair. Helping to make Beef Burger is one of the approved 4-H activities 4-Hers can do to help meet premium/ sale requirements.

Reservations have been made to use the kitchen at the Atchison County Community Jr./Sr. High School on June 29th in the morning. Because of the date, this will help fulfill requirements for the 2024 County Fair, not the requirements for next year's County Fair.

A sign-up will be emailed soon for volunteers to fill spots needed to assist with making Beef Burger to ensure we have enough help. Limited spots will be available.

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## CONNECT WITH US



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# ATCHISON COUNTY 4-H SUMMER FUN

2024

**JUNE  
04**

## **BABYSITTING CLINIC**

**TIME: 9-11 AM  
LOCATION: ATCHISON YMCA**



## **STEM WORKSHOP**

**TIME: 9-10 AM  
LOCATION: LANCASTER CITY BUILDING**

**JUNE  
11**

**JUNE  
18**

## **FOODS DAY CAMP**

**TIME: 1-4 PM  
LOCATION: EFFINGHAM UNION CHURCH ED BUILDING**



## **FIBER ARTS DAY CAMP**

**TIME: 1-4 PM  
LOCATION: CULTURAL CENTER ATCHISON, KS**

**JUNE  
25**

**JUNE  
28**

## **HORSEMANSHIP/SHOWMANSHIP CLINIC**

**TIME: 4:30-8 PM  
LOCATION: EFFINGHAM ARENA**



## **PHOTOGRAPHY DAY CAMP**

**TIME: 1-4 PM  
LOCATION: EFFINGHAM BLUE BUILDING**

**JULY  
02**

**JULY  
23**

## **STEM WORKSHOP**

**TIME: 9-10 AM  
LOCATION: ATCHISON LIBRARY**



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# HORSEMANSHIP & SHOWMANSHIP CLINIC

FRIDAY, JUNE 28, 2024

4:30 PM – 8:00 PM

EFFINGHAM ARENA

(OFF OF EDWARDS RD, ACROSS FROM THE DOLLAR GENERAL)

## SUITABLE FOR ALL LEVELS

This clinic is tailored to meet the needs of riders at all levels. Our clinician's expertise and personalized approach ensure that each participant leaves with a clear understanding of how to improve their performance and achieve their goals in the show ring.

## COMPREHENSIVE APPROACH

Join us for an clinic on how to prepare and condition both horse and rider for success in the show ring. Our clinician will cover not only training aspects but also what the judge expects from you, providing valuable insights to help you stand out in the competition.

## WHAT YOU WILL LEARN:

- Proper conditioning and fitness for both horse and rider
- Effective training techniques
- Show ring etiquette and presentation
- Strategies to handle nerves and performing under pressure
- Feedback from a judge's perspective



**REGISTER BY JUNE 12TH**

Email [cclierz@ksu.edu](mailto:cclierz@ksu.edu)

or

Call (913) 330 0050

**TO RESERVE YOUR SPOT NOW!**

**SPACES ARE LIMITED**

**K-STATE**  
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**4-H**  
GROWS HERE



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# Showmanship Clinic

Saturday, July 13th  
8 AM - 12 PM

Atchison County Fair Grounds



## Suitable for All Levels

The Livestock Showmanship Clinic aims to educate and empower the youth members of our community by providing them with the necessary skills and knowledge to excel in showmanship competitions at county and state fairs. This clinic will not only teach the technical aspects of showing livestock but also foster positive youth development through hands-on learning experiences and mentorship from industry professionals.

## What you will learn:

- Proper conditioning and fitness for both animal & handler
- Effective showmanship techniques
- Show ring etiquette and presentation
- Strategies to handle nerves and performing under pressure
- Feedback from a judge's perspective

## Approximate Schedule:

8:00 AM – 9:00 AM: Swine  
9:00 AM – 10:00 AM: Beef & Dairy Cattle  
10:00 AM – 11:00 AM: Meat & Dairy Goats  
11:00 AM – 12:00 PM: Sheep

REGISTER BY JULY 1ST

Email [cclierz@ksu.edu](mailto:cclierz@ksu.edu)  
or

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# AMERICAN ROYAL

## 2024 EVENT DATES



- AG STEM CAMP: JUNE 25-27
- ROYAL SHOWCASE: AUGUST 1-4
- CUTTING HORSE SHOW: AUGUST 21-25
- ARABIAN HORSE SHOW: AUGUST 29-SEPTEMBER 1
- HIPPOLOGY CONTEST: AUGUST 31
- QUARTER HORSE SHOW: SEPTEMBER 2-8
- EQUINE JUDGING CLINIC & CONTEST: SEPTEMBER 7-8
- FALL LIVESTOCK SHOW: OCTOBER 9-27
- LIVESTOCK COMPETITIVE EVENTS: OCTOBER 17 & OCTOBER 23
- FALL FIELD TRIP: OCTOBER 24-25
- WORLD SERIES OF BBQ KIDS QUE: NOVEMBER 2
- UPHA NATIONAL CHAMPIONSHIP HORSE SHOW: NOVEMBER 8-16

\*All contests are open to 4-H and FFA members\*

